KENTUCKY BOARD OF CERTIFICATION OF ALCOHOL AND DRUG COUNSELORS

PO BOX 1360 FRANKFORT, KY 40602 (502) 564-3296 ext. 222 http://adc.ky.gov Reference 201 KAR 35:020

APPLICATION FOR CERTIFICATION

INFORMATION SHEET / CHECKLIST

| 1. | 18 years of age or older. |
|-----|---|
| 2. | Section 1 of application completed and signed. |
| 3. | Section 2, 3, and 4 of the application completed; this relates to your education, your professional experience working with alcohol or drug dependant persons, three hundred (300) hours of direct supervision by a certified alcohol and drug counselor who has at least two (2) years of post certification experience. |
| 4. | Request an official transcript conferring your highest degree be sent from the registrar of the institution directly to the board (issued to student, and copies of transcripts are not acceptable.) |
| 5. | Section 5 of the application completed; this relates to your training experience totaling your hours. Have your supervisor(s) complete section 5 which relates to your supervision; Note: Section 5 must be submitted by each supervisor for qualifying experience. |
| 6. | Two (2) letters of reference from certified alcohol and drug counselors. |
| 7. | Case presentation using form included in the application packets and must be submitted with your application. |
| 8. | Pass the written examination that has been approved by the International Certification Reciprocity Consortium on Alcoholism and Drug Abuse. |
| 9 . | Check or money order made payable to the Kentucky State Treasurer in the amount of \$200.00. |

DO NOT SEND CASH

NOTE: The application form and all supporting documentation required, as listed above, must be reviewed and approved by the board in order for the applicant to sit for the written examination. Incomplete applications will not be reviewed by the board. It is the applicant's responsibility to make certain that all materials have been received by the board office. You may contact the office to check on the status of your applications materials.

Following board review, you will be notified in writing of your results. Results will not be given over the phone.

WRITTEN EXAM SCHEDULE

 Exam Date
 Filing Deadline

 March 8, 2013(Friday)
 January 1, 2013

 June 14, 2013 (Friday)
 April 1, 2013

 September 13, 2013 (Friday)
 July 1, 2013

 December 13, 2013 (Friday)
 September 7, 2013

FEE SCHEDULE

Application Fee \$50.00
Re-filing Application Fee 20.00
Written Exam \$150.00
Initial Certification Fee \$200.00



APPLICATION INSTRUCTIONS

- 1. You must print the form, and apply your handwritten signature. Application forms submitted without the appropriate signatures will be returned.
- 2. Please attach the application fee of \$50.00 that is non-refundable. Please make all checks or money orders payable to the Kentucky State Treasurer. DO NOT SEND CASH.
- 3. The completed application may be submitted to the Kentucky Board of Certification of Alcohol and Drug Counselors either by mail to P.O. Box 1360, Frankfort, Kentucky 40602 or by delivery to 911 Leawood Drive, Frankfort, Kentucky 40601.
- 4. Please submit \$150.00 Written Exam fee once application is approved. Please make all checks or money orders payable to the Kentucky State Treasurer. DO NOT SEND CASH.

NOTE: Upon receipt of certification, it is your responsibility to keep the Board Office informed of any address Change. Please do not rely on forwarding services of the United States Postal Service.



KENTUCKY BOARD OF CERTIFICATION OF ALCOHOL AND DRUG COUNSELORS

PO BOX 1360 FRANKFORT, KY 40602 (502) 564-3296 ext. 222 http://adc.ky.gov

APPLICATION FOR CERTIFICATION AS AN ALCOHOL AND DRUG COUNSELOR Section 1 Applicant Information

| | tificate Number: e of Issue: | |
|------|---|--|
| Nar | me (This is the way your name will appear on your certificate) | Present Place of Employment |
| Add | iress | Address |
| Add | Iress | Address |
| City | State Zip Code | City State Zip Code |
| Hor | me Telephone Number | Present Place of Employment Telephone Number |
| Hor | ne E-mail Address | Present Place of Employment Email Address |
| Soc | cial Security Number | |
| 1. | Have you had a certification/license in Kentucky or any other st If yes, give details: | ate that has ever been suspended or revoked? Yes No. |
| 2. | the United States in the last 3 years? ☐ Yes ☐ No. If yes, what offense? | Alford plea (other than minor traffic violations) under the laws of |
| | (Send Si | upporting Documentation) |
| 3. | Are you credentialed as an alcohol and drug counselor in any ownere? | |
| 4. | Have you ever been discharged or forced to resign for miscond professional training program, or from the program of any unive | uct or unsatisfactory service from any position, from any ersity? |
| 5. | Have you ever been sanctioned by the Kentucky Certification B professional associations for ethical misconduct? | toard of Chemical Dependency Professional or by any other] No. (If yes, send supporting documentation) |
| 6. | Are you currently serving in the military? | |
| | | 0.0 |



| AFFIDAVIT | | | | | | | | |
|---|---|--------------|----------------|------------|-----------|-----------|----------|--|
| I do hereby certify under penalty of law, that the information contained herein is true, correct, and complete to the best of my knowledge and belief. I am aware that, should an investigation at any time disclose any such misrepresentation or falsification, my application could be rejected or my certification revoked by the Board. Furthermore, I agree to abide by the standards of practice and code of ethics approved by the board. | | | | | | | | |
| Applicant's Signatur | | | | | | | | |
| | (Sign your name – Do | not print o | r type) | Date |) | | | |
| (Red | SECTION 2 (EDUCATION) (Request an official transcript conferring highest degree be sent from registrar of institution) | | | | | | | |
| School | Name and Location | From | Attended To | Month | Year Year | Number of | Degrees | |
| Baccalaureate | | | | | <u> </u> | Hours or | Obtained | |
| | | | | | | | | |
| Master's | | | | - | | | | |
| - Madical C | | | | | | | | |
| Destaral | | | | | | | | |
| Doctoral | | | | | | | | |
| SECTION 3 (EXPERIENCE) You must have completed 6000 hours of board-approved experience working with alcohol or drug dependant persons. Experience: A minimum of 3 years full-time supervised experience in alcohol and drug counseling. For those applicants whose caseload is less than 100 percent with alcohol and drug counseling must be documented (i.e., 50 percent workload devoted to alcohol and drug counseling, 6 years experience: 75 percent devoted to alcohol and drug counseling, 4 ½ years). Pursuant to 201 KAR 35:070 Section 3: You may substitute work experience for a degree in a related field. A master's degree or higher may be substituted for three thousand (3,000) hours of work experience, A masters degree or higher in a related field, with a specialization in addictions or drug and alcohol counseling may be substituted for 4,000 hours of work experience. A bachelor's degree in a related field may be substituted for two thousand (2,000) hours of work experience. | | | | | | | | |
| | Wo | ork Substitu | tion Reque | <u>est</u> | | | | |
| Name of College or Ur | niversity: | | | | | | | |
| Degree Earned: | | | | | | | | |

*Official transcripts must be sent from the institution directly to the board

Number of Work Substitution Hours requested:



| Employed: From Mo. Title or Position: Name of Employer: Address of Employer: | | to Mo. | | Describe your Duties as they relate to the 12 core functions: |
|---|-----|--------|-----|---|
| Name of Clinical Super Credentials of Clinical | | | | Total Number of ATODA Work Hours: |
| Employed: From Mo. Title or Position: Name of Employer: Address of Employe: | Yr. | to Mo. | Yr. | Describe your Duties as they relate to the 12 core functions: |
| Name of Clinical Super Credentials of Clinical | | | | Total Number of ATODA Work Hours: |
| Employed: From Mo. Title or Position: Name of Employer: Address of Employer: | Yr. | to Mo. | Yr. | Describe your Duties as they relate to the 12 core functions: |
| Name of Clinical Super Credentials of Clinical | | | | Total Number of ATODA Work Hours: |



SECTION 4 (VERIFICATION OF CLINICAL SUPERVISION / PRACTICUM / ON THE JOB TRAINING) (Completed by Applicant and Signed by Supervisor)

A minimum of 300 hours of direct supervision from a certified alcohol and drug counselor who has had at least two (2) years of post-certification experience is required (includes activities designed to provide training in specific counselor functions). These activities are monitored by supervisory personnel who provide timely positive and negative feedback to assist the counselor in the learning process. Please document the number of hours spent receiving this type of supervision and agency(s) where it occurred. Remember, you must be able to document a minimum of 10 hours face-to-face clinical supervision in each Core Function and a total of 300 clock hours of supervision.

| FUNCTIONS | Dates/Hours | SUPERVISOR'S SIGNATURE | METHOD OF SUPERVISION (i.e. face to face, video, |
|---|-------------|----------------------------|--|
| | Datooniouis | SSI ZIVISSIV S SIGNAT SIVE | observation, telephone) |
| 1. Screening | | | a source and the sour |
| The process by which a client is | | | |
| determined appropriate and eligible | | | |
| for admission to a particular program. | | | |
| | | | |
| Total of Hours: | | | |
| | | | |
| | | | |
| 2. Client Intake | | | |
| The process of collecting client | | | |
| information at the beginning of | | | |
| treatment that is used in assessment | | | |
| of a client for treatment. | | | |
| Total of Hours: | | | |
| 3. Client Orientation | | | |
| Individual or group sessions to | | | |
| familiarize clients with program | | | |
| services, expectations, and goals. | | | |
| | | | |
| Total of Hours: | | | |
| Client Assessment | | | |
| The process by which a counselor | | | |
| evaluates the intake information | | | |
| collected in order to determine the | | | |
| appropriate services. This includes, | | | |
| Substance Abuse Evaluation, | | | |
| knowledge and application of the | | | |
| major theories and stages of addiction | | | |
| and the symptomatology of substance | | | |
| is assessing a client's use of chemical | | | |
| substances. | | | |
| Total of Hours | | | l ' |
| 5. Treatment Planning | | | |
| Defining areas of problems and needs, | | | |
| establishing long and short-term goals, | | | 0.00 |
| and developing appropriate tools for | | | |
| reaching these goals. | | | |
| Total of Hours | | | |
| Total of Hours: | | | |
| | 1 | 1 | 1 |



| | · · · · · · · · · · · · · · · · · · · | | |
|--|---------------------------------------|---|------------|
| 6. (a) Individual Counseling | | | |
| A one-to-one counselor/client process | | | |
| for the purpose of assessing a client's | | | |
| problems and facilitating appropriate | | | |
| changes | | | |
| Total of Hours: | | | |
| Total of flours. | | | |
| | | | |
| 6. (b) Group Counseling | | | |
| A process involving clients for the | | | |
| purpose of jointly exploring the client's | | | |
| problems and facilitating appropriate | | | |
| changes. | | | |
| onangoo. | | | |
| Total of Hours: | | | |
| 6. (c) Family Counseling | | | |
| A process of exploring the dynamics of | | | |
| the family system and facilitating | | | |
| appropriate changes. | | | |
| | | | |
| Total of Hours: | | | |
| 7. Case Management | | | |
| Activities which bring services, | | | |
| agencies, resources or people together | | | |
| within a planned framework of action | | | |
| toward the achievement of established | | | |
| goals. It may involve liaison activities | | | |
| and collateral contracts. | | | |
| Total of Harres | | | |
| Total of Hours: 8. Crisis Intervention | | | |
| Those services which respond to an | | | |
| alcohol and/or drug abuse's needs | | | |
| during acute emotional and/or physical | | | |
| distress. | | | |
| diodioos. | | | |
| Total of Hours: | | | |
| | | | |
| Client Education | | | |
| Seminars or workshops which have the | | | |
| major goal of increasing the clients | | | |
| knowledge and patterns of | | | |
| problematic behavior. | | | |
| Tatal of Haves | | 7 | |
| Total of Hours | ·- | | |
| 10. Referral | | | |
| Identifying the needs of the client that cannot be met by the counselor or | | | |
| agency and assisting the client to | | | |
| utilize the support systems and | | | |
| community resources available. | | | |
| community resources available. | | | |
| Total of Hours: | | | |
| | | | |
| | | | |
| 11. Reports and Record Keeping | | | |
| The reports and record reeping | | | |
| | | | Kentucky ? |

| Charting the results of the assessment and treatment plan: writing reports, progress notes, discharge summaries and other client related data. This includes written communications and other professionals regarding a client's needs and treatment planning. | |
|--|------|
| Total of Hours: 12. Consultation | |
| Relating with counselors and other | |
| professionals in regard to client | |
| treatment (services) to assure comprehensive, quality care for the | |
| client. | |
| Total of Hours: | |

| Combined | Total of Hours: | |
|----------|-------------------|--|
| Combined | TOLAL OF FIGURES. | |



SECTION 5 (SUPERVISION EVALUATION) (Completed by each Supervisor)

This form must be entirely completed by each supervisor of qualifying experience. Please pay special attention to the number of hours of direct clinical supervision and percentage of applicant's time allotted to chemical dependency clients.

| Applicant's N | ame: | | | | | | |
|---------------|------------------|---|-------------------|-----------------------|---------------------|---------------------|------------|
| Applicant's A | ddress: | | | | | | |
| | | | | | | | |
| Supervisor: | | | | Title: | | | |
| Current Addr | ess: | | | | | | - |
| Date of Issue | of Certification | n: | | Supervisor's Day T | elephone Numb | er:/ | |
| Program or a | gency where y | ou supervised t | he applicant: | | | | |
| I have super | vised the applic | cant's work from | (Date) | to , | which includes | approximately | |
| | | | | otal of | | | |
| The approxim | nate percentag | ge of his/her time | e spent in delive | ery of services to su | ubstance abuse | clients: | % |
| PERSONAL | ATTRIBUTES |): | | | | | |
| | | ou observe(d) h indicated on sc | | llowing areas of inte | erpersonal relation | onship with clients | s: (Please |
| | 1 | 2 | 3 / | 4 / | 5 / | 6 / | |
| - | Weak | Fair | Average | Above Average | Superior | NA | |
| A. | Respect for o | client. | | | | | |
| B. | Care and cor | ncern for client. | | | | | |
| C. | Genuineness | with client. | | | | | |
| D. | Empathy with | n client. | | | | | |
| E. | Flexibility with | h client. | | | | | |
| F. | Clinical Judge | ment with client | | | | | |
| G. | Spontaneity v | with client. | | | | | |
| H. | Capacity for o | capacity for confrontation with client. | | | | | |
| I. | Capacity for a | appropriate self | -disclosure. | | | | |
| J. | Sense of imm | nediacy. | | | | | |



| | K. | Concreteness. |
|-----|-------------|--|
| ARI | EAS OF C | OMPETENCY |
| Eva | luate the a | items are representative of the skills needed by a certified alcohol and drug counselor in the core functions. applicant as you feel he/she demonstrates his/her abilities in each area. Mark the rating most nearly the applicant's demonstrated skills using the scales given. |
| | A. | Screening – (Demonstrated competency in determining appropriateness for admission to a program.) |
| | B. | Intake – (Demonstrated competency in client intake process.) |
| | C. | Client Orientation – (Demonstrated competency in client orientation and motivation. |
| | D. | Assessment – (Demonstrated competency in the use of psycho-social tools for assessing the intensity and and extent of a client's problem with chemical dependency. |
| | E. | Treatment Planning – (Demonstrated competency in establishing treatment goals and plan for client. |
| | F. | Counseling – (Demonstrated competency in individual counseling.) |
| | G. | Counseling – (Demonstrated competency in group counseling.) |
| | H. | Counseling – (Demonstrated competency in counseling of the family of the client and significant others.) |
| | I. | Case Management – (Demonstrated competency in coordinating multiple treatment activities and support systems for the client.) |
| | J. | Crisis Intervention – (Demonstrated competency in crisis intervention.) |
| | K. | Client Education – (Demonstrated competency in didactic presentations.) |
| | L. | Referral – (Demonstrated competency in identifying the needs of the client that cannot be met by the counselor and assisting the client to utilize other agency or community resources available. |
| | M. | Reports / Record Keeping. — (Demonstrated competency in ability to relate to our own and other professionals to assure comprehensive care for the client. |
| PRO | OFESSIO | NAL AND ETHICAL CONDUCT: |
| 1. | | ment of fraud or deception in applying for a certificate: |
| 2. | of a like | of Alcohol and Drug Counseling under a false or assumed name or the impersonation of another counselor or different name. Yes No. If yes, please comment: nt: |
| 3. | compete | abuse of any mood-altering chemical substance to such an extent as to interfere consistently with the ent performance of his/her duties. Yes No. If yes, please comment: nt: |
| 4. | Comme | esentation of one's professional credentials: Yes No. If yes, please comment: The second results in the se |
| 5. | Failure t | o adhere to KRS 309.080 to 309.089: Yes No. If yes, please comment: |
| | | Kentucky? |

| Comment: | | | | | | | | |
|--|---|--|--|--|--|--|--|--|
| Describe what you believe to be significant strengths and / or deficie | Describe what you believe to be significant strengths and / or deficiencies of the applicant: | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| I recommend Applicant's Name | _ for certification as an Alcohol and Drug Counselor. | | | | | | | |
| I do not recommend Applicant's Name | _ for certification as an Alcohol and Drug Counselor. | | | | | | | |
| Signature: | Title: | | | | | | | |
| Current Address: | | | | | | | | |
| | | | | | | | | |
| Date Signed: | | | | | | | | |
| | | | | | | | | |

Kentucky

SECTION 6 (TRAINING RESUME) COURSE / CLASSROOM EXPERIENCE (Completed by Applicant)

A minimum of 270 classroom hours of board-approved ATODA counseling related curriculum including a minimum of 6 hours of ethics training and 2 hours of HIV training required. KRS 309.083(5)

| TITLE OF COURSE, INSERVICE, | APPROX. | AGENCY OR INSTITUTION | NO . OF | IDENTIFY BY | INDICATE: |
|-----------------------------|--|-----------------------|----------|---------------------------------------|----------------|
| PROGRAM ETC. | DATES OF | OFFERING TRAINING | ACTUAL | IDENTIFY, BY NUMBER, CORE | A ALCOHOL |
| PROGRAWIETC. | DATES OF | OFFERING IRAINING | ACTUAL | NUMBER, CORE | A – ALCOHOL |
| | ATTENDANCE | | TRAINING | FUNCTION(S) | D - DRUGS |
| | | | HOURS | FUNCTION(S) FULFILLED BY | C - COUNSELING |
| | | | | COURSE OR | E - ETHICS |
| | | | | PROGRAM | H – HIV |
| | | | | | O – OTHER |
| | | | | EVAMBLE: | 0-01nek |
| | 1 | | | EXAMPLE: | |
| | 1 | | | 1=SCREENING | ! |
| | | | | 2=Intake | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | - | | | |
| *** | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | 7.0 | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| ' | | | | | _ |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | 191811 | | ··· · · · · · · · · · · · · · · · · · | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | -/// | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | Total: | | | |

If necessary, copy this form for additional pages.



DIRECTIONS FOR PREPARING CASE PRESENTATION

Your Case Presentation must be typed and do not use abbreviations.

- 1. Use an actual client from your case files, one who has completed treatment or is no longer obtaining your services. Use a fictitious name for the client.
- 2. Complete the demographics information on the client.
- 3. Provide the information for items A through K as outlined below and continuing on the following page.
- 4. Sign the Counselor's Statement on the cover sheet.
- 5. Give the completed case presentation to your supervisor for his/ her review and signature. (on the cover sheet.)

OUTLINE FOR PREPARING CASE PRESENTATION:

A. Substance Abuse History

- 1. Substances used
- Frequency
 Progression
- 4. Severity / Amount used
- 5. Onset When started
- 6. Primary substance
- 7. Route of administration
- 8. Effects blackouts, tremors, tolerance, DT's, seizures, other medical complications (some of these can be included in the Physical History Section.)

B. Psychological Functioning

- 1. Mental Status (Oriented, hallucinations, delusions, suicidal, homicidal, judgment, insight to include both past and present.
- C. Educational /Vocational/Financial
 - 1. Educational and work history.
 - 2. Educational level.
 - 3. Disciplinary action (at school or work)
 - 4. Reasons for termination
 - 5. Current and past financial status
- D. Legal History (Associated with, or not associated with, mood altering chemicals)
 - 1. Charges, arrests, convictions
 - 2. Current status
 - 3. Pending

E. Social History

- 1. Parents
- 2. Siblings / rank
- 3. Psychological functioning in family
- 4. Substance use in family
- 5. History of social functioning from childhood to present
- 6. Family functioning including physical, sexual and emotional abuse
- 7. Relationship history
- 8. Children



F. Physical History

- 1. Both alcohol and drug, non-alcohol and drug problems.
- 2. Past and present major medical problems i.e., disabilities, pregnancy, and related issues, STD, alcohol and drug related problems.

G. Treatment History

1. Both alcohol and drug and psychological history.

H. Assessment

1. Identifying and evaluating an individual's strengths, weaknesses, problems and needs for development of the treatment plan.

I. Treatment Plan

1. Identifying and ranking problems needing resolution; establishing agreed upon immediate and long term goals; deciding on a treatment process and the resources to be utilized.

J. Course of Treatment

1. Describe the counseling approaches you used, your rationale for their use and any revision you made based on the client's unique problems and responses to treatment.



REQUIRED FORM

CASE PRESENTATION

BY

COUNSELORS NAME

| ~ | \sim | 11 | NC | \sim | | 70 | CT | • | TE | M | uт |
|---|--------|----|-----|--------|---|-----|-----|---|----|---|-----|
| L | u | u | N - | | • | - 3 | 3 I | н | | M | W I |

I hereby certify that I prepared this case presentation and that it represents an actual case of mine.

I understand that the audio tape of the case presentation interview and written-case presentation will be the property of the Kentucky Board of Certification of Alcohol and Drug Counselors upon submission of the materials for review by the Board.

I also understand that this material may be reviewed by the Board and its designated agents for evaluation and research purposes.

| purposes. |
|--|
| Signature: |
| Date: |
| Date. |
| |
| SUPERVISOR'S STATEMENT |
| I hereby certify that I have read this case presentation, that it represents an actual case of the applicant and that to the best of my knowledge, it was prepared by him/her. |
| Name: |
| Title: |
| Name of Agency: |
| Signature: |
| Date: |



REQUIRED FORM

DEMOGRAPHIC INFORMATION ON ACTUAL CLIENT

| Fictional Name: | | | | | | | | |
|---------------------------------|-------|-----------------|-----------------|--|--|--|--|--|
| Age at Admission | Race: | Sex: | Marital Status: | | | | | |
| Employment: | | | | | | | | |
| Referral Source: | | | | | | | | |
| Current Legal Status: | | | | | | | | |
| Admission Date: | | Discharge Date: | | | | | | |
| Treatment Setting and Modality: | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

